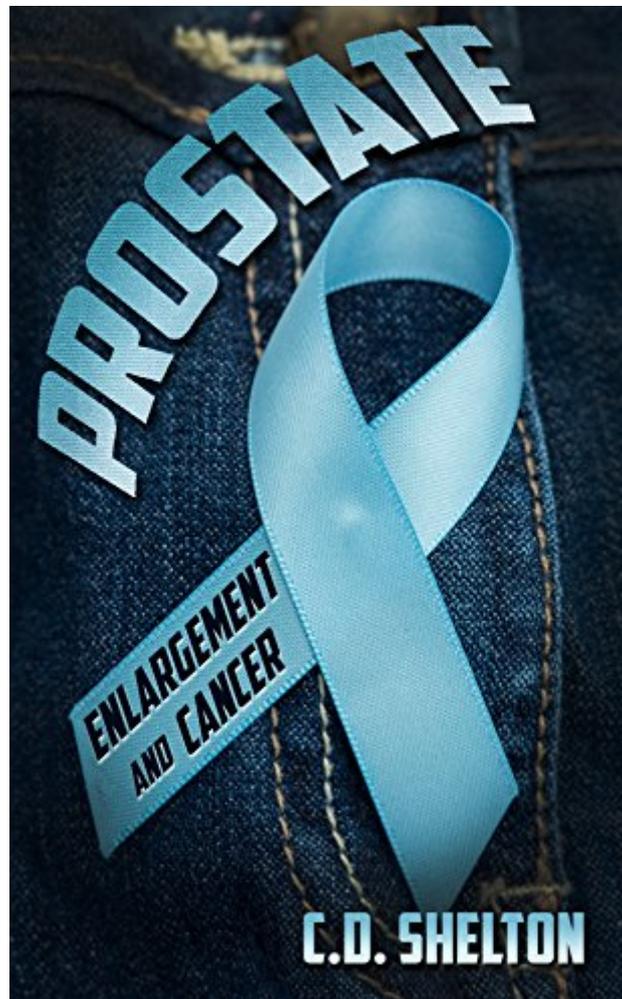


The book was found

# Prostate: Enlargement And Cancer



## Synopsis

In all likelihood, you don't want to spend much time thinking about your prostate, most men don't. But if you are having problems urinating, your prostate might be what's keeping you up at night. The condition will not get better on its own. Benign prostate enlargement or hypertrophy/hyperplasia (also known as BPH) is a common condition in men as they age. Prostate tissue can enlarge in response to certain hormones. It can swell and block the flow of urine from the bladder, causing uncomfortable symptoms and potentially infection. A medical exam is a good place to start. Your doctor will explain the options available to you. Be candid about the interrupted sleep and the frequency of urination. Prostate problems are the focus of this eBook from Enlargement to Cancer.

## Book Information

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## Customer Reviews

Prostate: Enlargement and Cancer is an excellent book, it has a lot of information for men and explains thoroughly about Benign Prostatic Hyperplasia and prostate cancer to raise awareness for men to get a daily check up. Gives detail information about what happens when the prostate starts to grow how some muscles in the bladder start to thicken and causes men urinate more often how

men when they get older have difficulty urinating. The book gives suggestions for a healthy lifestyle to lower your risk for BPH and prostate cancer such as reduce the eating of red meat, eating high fiber foods and exercising more.

"I enjoyed reading your book very much. The explanations are written in clear language, backed by scientific research and facts. I believe that following the guidelines in this book will make it possible to reach the golden years in great physical and mental health.

This is a very useful book to introduce the prostate problems are the focus of this eBook from Enlargement to Cancer. Most people don't want to spend much time thinking about their prostate. But if they are having problems urinating, their prostate might be what's keeping them up at night; also, prostate will cause many different symptoms so that people feel unbearable. So I recommend people to read this book to learn prostate problems will cause cancer.

before i read this book, i never try to think about my prostate, even i'm already adult. it introduce a lot of information from my body to me . let me clear what is prostate and prostate cancer. and how to prevent .very detailed and informative book on the various treatments for Prostate Cancer, filling a much needed knowledge deficit.I recommed every adult to read this to prove our prostate knowledge.

Prostate: Enlargement and Cancer by C.D. Shelton is a very interesting book because this book informs majority of older male to be aware of prostate cancer. Older males needs to get examined and if you don't then it can be dangerous for your well-being. The author also mentions the symptoms of an enlarged prostate and or cancer. This book is very detailed and very educated people who do not know what prostate cancer or enlargement is.

This is a good book that provides us lots of information about the enlargement prostate and cancer. Also, the book gives some suggestions about how to protect the prostate for men. Don't eat so much meat and do sports is good for health. Good book, recommend it!

First of all good book. Next to that nice book. The harm of prostate enlargement is a big fear to me as a male now because I read this, and it seems like the only way to delay it is living a healthy lifestyle.

Nice book with lots of information about what is prostate and prostate cancer and how we can prevent that. Love to read the book. The harm of prostate enlargement is a big fear to me as a male now because I read this, and it seems like the only way to delay it is living a healthy lifestyle.

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